



#### Learn How Much Food You Waste and How to Reduce the Waste

EcoVerde Organics challenges you to measure how much food you waste in a week and learn how to waste less. Here's how:

1. Save food scraps and spoiled leftovers in a bucket or bowl separate from other trash.
2. Weigh the food scraps on a bathroom scale before tossing them into the trash or composting them.
3. Weigh the empty container and subtract that weight to get the weight of the food scraps.
4. Report your weight on the WNY Earth Day Challenge website.
5. Learn how to reduce food waste and why it's important at [www.dec.ny.gov/chemical/98102.html](http://www.dec.ny.gov/chemical/98102.html)

Thanks for participating in the WNY Earth Day Challenge!